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CAPE MAY COUNTY SQUADRON CIVIL AIR PATROL

# SQUADRON

## Civil Air Patrol/Cape May

### From the Commander

Summertime is finally upon us, kids are out of school, and vacations begin. Do not let the time get away from you; take some time out of your day to complete some of the requirements for your next promotion, or complete an ICS Course sometime during the week. A little time well spent now, will help you this summer. Before you know it, you will be starting back to school and homework again. Spend time this summer keeping your skills and education up to speed, there is still plenty of time to go to the beach, hike, fishing and playing on the boardwalk. If you don't do some things now, it won't get done later on before school, because you'll be too busy then. Those who put in a little time to prepare now, will be passing you by this summer, and you'll have no one to blame but yourself.

I strongly encourage all Cadets who have not completed the **Cadet Basic Encampment** to do so this year. Not only is it a requirement to attend other Flight Encampments, but it is also needed to attend any activities outside the Wing, such as National Cadet Special Activities. This year, the Cadet Basic Encampment is being held between 15-22 August 2009 at Fort Dix, New Jersey, and the cost is \$125.00 for the week. Also, those

Cadets who are in NCO positions and whom are advancing towards their Billy Mitchell Award, are strongly encouraged to attend the **NCO Academy** being held during the same week as Cadet Basic Encampment, the cost is the same. You will gain valuable information and will be better able to serve the squadron upon your return in your leadership role. You can apply for both the Basic Encampment and the NCO Academy online at the following address: <http://www.njwg.cap.gov> and click on the **Basic Encampment 09** button.

I urge everyone to use our squadron web site to its fullest extent. There is a lot of useful information, links, and it is updated on a regular basis. Our Calendar is updated as I receive information, and the links are updated to correspond with our changing requirements, as I update things almost on a daily basis to keep the site current as humanly possible. In case you do not know where to go, here is our site's address:

**<http://capemay.njwg.cap.gov>.**

For those newer cadets whom have not received their uniforms yet, please come see me at a meeting so we can check to see if they have been ordered or not, if not, I can do so online for you. *(continued page 2)*

(continued from page 1)

One course I would like for all members to take is the **Basic Operational Risk Management Course of ORM**. The course deals with assessing risks in all our activities and ties in with the National Commander's Safety Awareness intuitive to increase the need for all members to actively be aware and learn about being Safety Conscious at home and CAP. The **Basic ORM Course** as well as the **Intermediate Course** can be taken at:

<http://capmembers.com/safety/orm.cfm>.

The ORM Courses will become part of the Senior Level One course and will eventually become required for all members of CAP.

We wish C/Captain Tristan Kooker well as he enters the United States Air Force Academy; he is already there and learning. We will also be sending C/2Lt Michael Quinn to Rutgers University this fall on an R.O.T.C. scholarship to further his studies. Good luck to the both of you.

I have designated a Uniform Change for the summer months within our squadron. We will meet in our PT Shirt and Black Shorts for the meeting dates from 30 June to 31 August 2009. During these months, I will designate a meeting with BDU's and one meeting with SS Dress Blues to ensure your uniforms are up to speed and being worn according to CAPR 39-1.

**“SEMPER OPTIMUS “**

**Kevin L. Barstow, Captain/CAP**



### Upcoming Events

**July 16 - 4H Fair**

### HAPPY BIRTHDAY!

Capt Wayne Avellino  
1Lt Diana Akeret  
2Lt Joann Greenstein



### Anniversaries

Capt Wayne Avellino  
SM Nancy Simon  
1Lt Ed Wuerker  
C/Capt Tristan Kooker  
C/2Lt Michael Quinn

### Welcome New Members

SM William Gradwell - June  
C/AB Ian Borgo - May

### Administration

As a reminder to all members, all forms must be typed. Current forms and regulations are found at:

[http://members.gocivilairpatrol.com/forms\\_publications\\_\\_regulations/](http://members.gocivilairpatrol.com/forms_publications__regulations/)

Also, CAPF 5 packages will no longer be kept in the file cabinet. All pilot certification materials are available on the Operations page of the NJ Wing website:

<http://www.njwg.cap.gov/Operations/index.html>

### Personnel

It is each member's responsibility to keep track of what is required for promotion. This includes senior members. Cadet requirements are found in the CMCCS OI 3-07. Senior Officer requirements are found in CAPR 39-3.

**LtCol Richard Simon**

### To All Cadet Personnel:

Uniforms issued by USAF are accountable. When personnel leave, squadron uniforms will be turned in. This is a Must! If you have any questions, see Supply.

**Maj Wayne Ingling**  
**Supply Officer**

### Cadet Program

Leadership FUN-damentals:  
A Brief History of Saluting

The military salute has been a tradition that has been handed out through the ages. It is believed that the salute originated in medieval times where knights would lift their visor as a sign of respect and identification. This tradition has evolved into the modern salute. In the United States, the salute is always initiated by the enlisted serviceman to show respect for officers and key personnel in the higher chain of command (i.e. the President). The salute is always performed with the right hand, in history the right hand was always the sword hand in combat and the salute was rendered without arms to show that you meant no harm. It is a simple sign of respect that anyone can afford to give a more senior officer. Our salute, in CAP, is the right hand that slides along the shirt buttons in an arc to place the hand just to the corner of ones eye or glasses while keeping the wrist straight, hand tilted slightly forward, and the upper arm parallel to the ground. When executed, it is one crisp, fluid motion that signifies respect and honor towards senior officers. When you render a salute, you are directly participating in a tradition that has lasted for more than 500 years.

**Capt Tony Simon**  
**Deputy Commander for Cadets**  
**NER NJ-009**

### A Note From the Cadet Staff

This past month has revealed an improvement in squadron function with slightly increased testing, nearing rocket launches, and two elements being formed. Now we find ourselves facing the challenge of losing one experienced cadet to the Air Force Academy and another two will also soon be moving on. That makes this a prime time for advancement in the squadron if we apply ourselves to promoting, maintaining a positive attitude, and exhibiting the core values of the Air Force Auxiliary. I hope that in the coming months I can exhibit the same leadership values expressed by Captain Kooker. Luckily for us we still have Lieutenant Quinn to assist in matters of the squadron leadership nature. Also joining our squadron for the summer is Sergeant Alexander, a former cadet of the squadron. "Far and away the best prize that life offers is the chance to work hard at work worth doing." Theodore Roosevelt

**C/SMSgt Craig Coughlin**  
**NCOIC, NER NJ-009**

### Operations

We are now well into our glider flying season. The NJ wing glider encampment is here at Woodbine this month, and our tow plane is going to the NY glider encampment to help out there the third week of July. Other than those times we would like to fly as many glider orientation flights as possible this summer. All cadets are entitled to five power and five glider o-flights. Cadets who would like to take advantage of this opportunity should contact Capt. Simon or 2Lt Williams, or your cadet commanders, so that we can plan our activities. Make sure you have taken the wing runner course on the CAP web site before you come out to fly in the gliders.

**Maj Richard Fellows**  
**Operations Officer, NER NJ-009**

<http://soaringsafety.org/school/wingrunner/toc.htm>

(The link above will take you to the Wing Runner Course. After completion of the test, print out a copy of your certificate to bring to the squadron. You can also find the Wing Runner Course on the NJ Wing site— click on **Operations** on the left, then **Glider Program**, then scroll to the bottom to find **Wing Runner Course**.)



## Aerospace Education

THERE'S NO I IN TEAM

I was asked by a fellow pilot what is the Civil Air Patrol was all about?  
(reply) I'm glad you asked....we do more than just search/rescue, we have active programs for the cadets who are our ground TEAM. The cadets are offered many things such as moral leadership, military training, advancement opportunities, aerospace education and 10 flights (5 glider, 5 powered). I then told the pilot a story that illustrates how our program works. In an aerospace class I stressed the need for everyone to take there test to complete our rocketry program. I wasn't sure if they got it or not, after all, they still have their normal school work etc., some might not what to test. Later at debrief, Cadet Coughlin spoke out and said to all the cadets before him, that the testing must be done by everyone as a TEAM and it wouldn't be fair to the cadets that finished that any one cadet was holding us back. I thought that Cadet Coughlin showed the true sign of leadership and the importance of TEAMWORK.

I hope the pilot understood what I learned about CAP: there's NO "I " in TEAM!

**2Lt Lance Williams, Aerospace Education Officer, NER NJ-009**

## Health Services

It's finally getting warm out and I want you all to remember that the leading cause of debilitation in otherwise healthy young people in the summer months is heat related injury. Remember a few simple rules:

1. **Hydrate.** That means drink water. Not soda, not juice, not power or sports drinks but water.
2. **Hydrate**
3. **Hydrate**
4. **Wear clothing that allows adequate air circulation to cool your body.**
5. **Wear a well ventilated hat.**
6. **Use sun glasses with UV filters on high glare days.**
7. **Seek out shade.**
8. **Use sunscreen.**
9. **If you are not feeling well tell someone immediately.**
10. **Hydrate**

These few simple precautions can mean the difference between summer fun and serious injury or death.

**Maj Richard Fellows**  
**Health Services Officer, NER NJ-009**



Support Search & Rescue

## GET LOST !

Ahhhhh! Summer is finally here, time to relax and goof off! After you have made sure your gear is ready and you have gotten on line. Yes get on-line and work on your ICS courses; I have been talking about it now it is time for everyone to get them completed. We here at Cape May squadron are very fortunate to have a lot of resources available for Emergency Services. However if everyone does not complete the required courses you won't be able to train or go out on missions.

Last month I talked about checking equipment, have you checked yours? I checked mine and found that some dates on my power bars were getting close to expire, so I replenished my snacks for those long nights out in the woods. Also if you look close on some batteries they have dates on them, not all batteries have them but you can check to see if yours will be up to the test if you need them.

I hope everyone has a great summer and stay safe! Remember to swim near a Life Guard!!

**2Lt Evan Kooker**  
**Emergency Services Officer**  
**NER NJ-009**

### Public Affairs

I want to thank the cadets and senior members who contributed to this month's newsletter. Your work is greatly appreciated. I especially want to thank C/AB Ian Borgo for his Spotlight! I always love putting in Spotlights because you get to know a little more about the person. It's always interesting to read the answers to the questions. Cadets and senior members, if you have not done a Spotlight yet, please let me know and I will be happy to email one to you. You can be featured in next month's newsletter!

As Cadet Kooker has left for the Air Force Academy, I have lost my main newsletter proof reader! Because I don't have him to help look over the newsletter, and make sure that I get all the cadet ranks correct, I have been forced to do my research and learn them myself (which is a good thing)! While I was on the National site looking for cadet ranks information I found an area of the National site that had a wealth of information that could be useful for you cadets. It has information in an interactive format on the individual ranks and what is needed to achieve that rank. There is also a table that you can look on with everything in one place. The information can be found at the following link:

**[http://members.gocivilairpatrol.com/cadet\\_programs/ranks/](http://members.gocivilairpatrol.com/cadet_programs/ranks/)**

Our squadron also has a chart available with information on the promotion requirements for each rank—there is a copy hanging up in the hallway. If you'd like a copy, please ask on the Senior Member side, and we can get you one.

Parents, don't forget that we are always looking for parents who might be interested in joining either as a regular senior member, or as a cadet sponsor member. Please come to the squadron if you have any questions.

**1Lt Sandra Kooker, PAO**  
**[ejsltb@comcast.net](mailto:ejsltb@comcast.net)**  
**<http://capemay.njwg.cap.gov>**

### Cadet In the Spotlight

- **Name: Ian Borgo**
- **School:** Middle Township High School
- **Age:** 14
- **Grade:** 9 (just finished)
- **Excuse me if I brag about:** Playing the guitar
- **If I could invite four people to dinner, I would invite:**  
George Washington, Abe Lincoln, Teddy Roosevelt, and George S. Patton
- **And we would discuss (at dinner):** Anything that comes up
- **If I could be invisible for one hour, I would:** Fight crime
- **My favorite singing group:** too many to name
- **The one TV show I'm glued to is:** Patton 360
- **If I could eat three things for the rest of my life, they would be:** pizza, buffalo chicken, and ice cream
- **The worst movie I ever saw was:** High School Musical
- **The best movie I ever saw was:** Lord of the Rings
- **The person I look up to most is:** my grandfather
- **If I could have anything in the world, I would want:** I don't know
- **My first real job after college will be:** Engineer
- **You will never see me wearing:** Hollister
- **If I could change one thing about myself, it would be:**  
Nothing
- **Where I'd like to be and what I'd like to be doing in ten years is:** To graduate from Rutgers and find finding a job
- **My goal in CAP is:** Become a strong leader

*Welcome C/AB Ian Borgo –New Member to our squadron in May!*



**Happy Fourth of July!**



## *From the Cadets*

### The Importance of the Aircraft Carrier

In 1995, China began missile testing in the waters surrounding Taiwan. China used the missile tests to intimidate and manipulate the Taiwanese election and political decision making process. Tensions rose between the Taiwanese government and the Chinese government resulting in America's forced involvement. Incumbent President Bill Clinton chose to send two aircraft carriers of the Independence carrier battle group into the Strait of Taiwan. The incredible intimidation of the battle group independently prevented further escalation between China and Taiwan. Why? Each of the twelve carriers are capable of speeds of 35+ knots, unlimited range, incredible firepower, impenetrable defenses, and a plethora of fighter and support aircraft. These attributes make the Nimitz class aircraft carrier the most formidable weapons platform that any nation has ever conveyed. The aircraft carrier is the definition of the phrase "Peace through Strength."

C/AB Tim Myland

This past month has been a lot of hard work. After winning the Regional Cadet Competition, I've had to travel to McGuire Air force base almost every weekend to practice for Nationals. When I get to the base the first thing we do is drill, the next thing we do is drill, and the last thing we do is drill. Besides drilling I also have to get packed and ready to go for both the Cadet Competition and Honor Guard Academy. Unfortunately both activities are back to back, so I come straight from the competition and directly into a two week long camp. This will be a very tiring month for me.

Outside of Civil Air Patrol, I just finished up school which means no more homework, no more getting up at 6 am every morning, and no more stress (until the competition and Honor Guard). I hope to make C/SMSgt this week, lets see how it goes!

C/MSgt Dylan Rutherford

